

MOTIVATION COMES NATURALLY TO ME.

I know what I want in life. Because I know what I want, I automatically put myself in the mindset to attain that goal. I rely on my inner drive to feel motivated. My energies are enough to push me to move forward with anything I want to attain.

I am fully aware of what makes me successful and that awareness is enough to allow me to motivate myself to achieve greatness.

Although others have expectations of me, I avoid acting only when those expectations are highlighted. I know within myself what is required of me, and I strive to fulfill those requirements.

I am confident of my capabilities. And because I know myself and what I can do, it is easy to proceed with going after things within my reach. ***Success is written for me, so I enjoy going after it with gusto.***

When setting goals, I am realistic. I set goals that are challenging - but attainable - so I achieve the best results. I know what I want to accomplish and that image is enough to drive me forward.

Today, I commit to going after what I want to attain. I know that my inner drive is enough for me to go forward and conquer anything. I also commit to reassuring myself that any finish line I set my sights on is reachable because I have the strength to keep myself going forward.

SELF-REFLECTION QUESTIONS:

1. Am I affected by lack of self-confidence when it comes to motivating myself?
2. Do I get better results when I self-motivate as opposed to being motivated by others around me?
3. Do I underestimate my abilities to achieve?